



2025



A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 La Salle @ 11:45 Meatloaf, mashed potatoes, cherry pineapple dump cake					1
2	3 La Salle @ 11:45 Lemon Chicken, Rice, veg, buns, banana cream pudding	4	5 Starbuck @11:45 Liver, mashed potatoes, gravy, apple broccoli salad, peach cobbler	6 Sanford @11:45 Liver, mashed potatoes, gravy, apple broccoli salad, peach cobbler	7	8
9	10 Brunkild@ 11:45 Irish Meal:Beef Stew, salad, soda bread, green ice cream and cookies	11	12 Starbuck @11:45 Salmon & roast potatoes Salad, cherry cobbler	13 Sanford @ 11:45 Shepherd's Pie, Rice, veg, buns, banana cream pudding	14	15
16	17 La Salle @ 11:45 Irish Meal:Beef Stew, salad, soda bread, green ice cream and cookies	18	19 Starbuck @11:45 Irish Meal:Beef Stew, salad, soda bread, green ice cream and cookies	20 Sanford @ 11:45 Irish Meal:Beef Stew, salad, soda bread, green ice cream and cookies	21	22
23	24 La Salle @ 11:45 Salmon & roast potatoes Salad, birthday cake	25	26 Starbuck @11:45 Pasta casserole, salad, buns, birthday cake	27 Sanford @ 11:45 Meatloaf, mashed potatoes, birthday cake	28	29

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.
We will try to accommodate special dietary requests. **Please call ahead to confirm.**
 Menu subject to change. **\$10 per person**